## Advising Course Plan -Health Sciences Major 3-Year Plan

This advising plan shows an example of working through the requirements for the major in three years. It is appropriate for students who have already completed eight units of coursework. The student's individual academic plan will be developed in consultation with an adviser and reviewed each semester prior to registering for the next semester. This plan assumes that the student has not taken any courses for the major prior to the first semester shown in the plan.

The plan does not allow for pre-requisites specified for graduate requirements to pursue a specific career or specialty in health sciences.

Courses that should be completed prior to the first semester of this plan: General Education requirements for the College of Arts and Sciences or General electives to make up 8 course units (32 credits)

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First Year		
Fall		Units
BIOL 141P	Introductory Biology: Biochemistry, Cell Biology and Molecular Genetics	1
PSYC 101S	Introduction to Psychology	1
HLSC 119V	Health and Wellness	1
General Education Require	ment or Elective	1
	Term Units	4
Spring		
BIOL 142P	Introductory Biology: Animal and Plant Physiology	1
HLSC 200V	Introduction to Nutrition Science	1
General Education Require	ment or Elective	1
General Education Require	ment or Elective	1
	Term Units	4
Second Year		
Fall		
HLSC 201 or 202	Anatomy Physiology I Anatomy and Physiology II	1
CHEM 141P, PHYS 121P,		1
or PHYS 141P	College Physics I University Physics I	
General Education Requirement or Elective		1
General Education Requirement or Elective		1
	Term Units	4
Spring		
HLSC 202	Anatomy and Physiology II	1
or 201	Anatomy Physiology I	
Statistics Requirement <sup>1</sup>		1
Major Elective Requirement <sup>2</sup>		1
General Education Requirement or Elective		1
	Term Units	4
Third Year		
Fall		
HLSC 498	Senior Research Proposal	1
HLSC 411	Exercise Physiology	1
Major Elective Requirement <sup>2</sup>		1
General Education Requirement or Elective		1
	Term Units	4
Spring		
HLSC 499	Senior Research Project	1

Major Elective Requirement <sup>2</sup>	1
General Education Requirement or Elective	
General Education Requirement or Elective	
Term Units	4

## Total Unit: 24

- <sup>1</sup> BIOL 243Q or PSYC 306Q or MATH 125Q or STAT 301Q or ENSS 345Q
- <sup>2</sup> One of three Major Electives (at least two must be HLSC)
  BIOL 301, BIOL 302, BIOL 315, BIOL 409,
  BIOL 415, CHEM 204, HIST 356V, HLSC 209V, HLSC 301, HLSC 313, HLSC 3HLSC 343,

HLSC 370, HLSC 401, HLSC 441, HLSC 421, HLSC 413, PSYC 211, PSYC 231, PSYC 251V, PSYC 313V, PSYC 352V, PUBH 303, SOCI 375, or PUBH 376 and PUBH 377 and PUBH 378

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